

RELATIONS AMONG LONELINESS, DEPRESSION, ANXIETY, STRESS AND PROBLEMATIC INTERNET USE

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ABSTRACT

Fast growth and easy access to the Internet have facilitated its influence on the adolescents' way of life. Besides its several benefits, this technological tool is subject to the problem of overuse which has become apparent resulting in "Internet Addiction". College going students are particularly vulnerable group for the Problematic Internet Use (PIU). The aim of the present study is to examine the Problematic Internet Use among adolescents while gauging the relations among loneliness, depression, anxiety, stress and PIU. The sample consisted of 84 junior college students studying in various colleges in and around Ulhasnagar. Data was collected using the Online Cognition Scale (OCS), UCLA Loneliness Scale, Depression, Anxiety and Stress Scale (DASS 21). The data was analyzed using correlation analysis. The gender differences was determined using the 't' test. Implication of the findings are discussed.

KEYWORDS: Problematic Internet Use (PIU), Loneliness, Depression, Anxiety and Stress